CORRESPONDENCE

Beware of reflectance confocal microscopy artifacts when searching hyphae in acral skin

Dear Editor,

We read with interest the article from Veasey et al.\textsuperscript{1} that reported a case of tinea nigra of the palm where reflectance confocal microscopy (RCM) was used to confirm the clinical diagnosis. Tinea nigra is a pigmented cutaneous superficial mycosis mainly caused by \textit{Hortaea werneckii}. The typical clinical manifestation of this fungus is a single, brown to black asymptomatic macule with an irregular border mainly localized on palms or soles because infection is believed to occur as a result of inoculation from a contamination source such as soil, sewage, wood, or compost subsequent to trauma in the affected areas. Albeit being usually larger and lighter in color, these lesions tend to resemble acral nevi or melanoma, thus leading many clinicians to perform unnecessary biopsies.

RCM is an emerging non-invasive imaging technique that can show hyphae as thin linear and hyper-reflective structures in the stratum corneum in cutaneous superficial mycosis,\textsuperscript{2,3}\textsuperscript{4} including tinea nigra\textsuperscript{1,4} and allows to confirm the clinical diagnosis and to avoid conventional mycological examinations and skin biopsies\textsuperscript{1} (Fig. 1). However, hyphae should be differentiated from the contours of normal keratinocytes that can form thin lines and from artifacts. Curiously, stellate hyper-reflective bodies are often visible in acral skin on RCM, possibly corresponding to keratinocytes membranes in a plane not parallel to the microscope tip.\textsuperscript{5}

Fig. 2 shows normal acral skin of a healthy person where these artifacts are well visible and are identical to the images presented by Veasey et al.\textsuperscript{1} as hyphae of tinea nigra. The authors stated that hyphae identified by RCM in tinea nigra were tortuous, irregular, and short, different from the morphology of the thin and elongated hyphae of the dermatophytes. However, in our experience and in the other case of tinea nigra reported in the literature, hyphae of \textit{H. werneckii} are elongated and thin on RCM. Moreover, it is also possible to observe that they are separate. The case of Veasey et al.\textsuperscript{1} highlights the difficulty of identifying and describing for the first time what is not known with the new imaging techniques and suggests caution when making the first descriptions in the medical field.

In conclusion, RCM can help to identify hyphae of tinea nigra as for other superficial cutaneous mycosis, but the presence of possible artifacts that may mimic fungal structures in acral skin should be considered for this mycosis that mainly affects palms and soles.

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Authors’ contribution

Elisa Cinotti: Approval of the final version of the manuscript; study design and planning; data collection; preparation of reflectance confocal microscopy artifacts when searching hyphae in acral skin. An Bras Dermatol. 2020;95:129–30.

\textsuperscript{*}Study conducted at the Department of Medical, Surgical and Neurological Science, Dermatology Section, University of Siena, S. Maria alle Scotte Hospital, Siena, Italy.

Figure 1 Reflectance confocal microscopy image of a case of tinea nigra reveals thin linear and hyper-reflective structures in upper part of the epidermis (red arrows; the asterisk indicates an acrosyringium).
Beware of reflectance confocal microscopy artifacts when searching hyphae in acral skin – Reply 1,2,3

Dear Editor,

I would like to thank Cinotti et al. for their interest in our paper about tinea nigra’s findings at confocal microscopy, as well as the opportunity offered by the editors of this journal to answer the points raised by the authors in the article “Beware of reflectance confocal microscopy artifacts when searching hyphae in acral skin”.

The etiological agent of tinea nigra, Hortaea werneckii, is a dematiaceous geophilic fungus. The dermoscopic features of this disease consist of a fibrillar hyperchromic pattern, and the direct mycological examination (DME) presents short and thick dematiaceous hyphae, corresponding to the described dermoscopic findings.1,2 Other cases seen in our service with fungal culture isolating H. werneckii are compatible with these findings (Fig. 1).

Such facts had led us to believe that the images identified by reflectance confocal microscopy (RCM) in our article would be compatible with the hyphae of H. werneckii parasitizing the epidermis. It is noteworthy that the morphology of short thick structures presented at dermoscopic examination and DME were compatible with those evidenced by the RCM.3

Figure 2 Reflectance confocal microscopy image of normal acral skin of a healthy person shows artifacts presenting as stel late hyper-reflective bodies in the epidermis (yellow arrows; asterisks indicate acrosyringia).

Conflicts of interest
None declared.

References

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2 Study conducted at the Dermatology Clinic, Hospital da Santa Casa de Misericórdia de São Paulo, São Paulo, SP, Brazil.