LETTER - CLINICAL

Acquired lymphangiectasia of the lip in a patient with Crohn’s disease

Dear Editor,

Acquired lymphangiectasia is a rare complication of lymphatic obstruction. It has been described in association with malignancy and granulomatous diseases, namely orofacial granulomatosis, Crohn’s Disease (CD), and tuberculosis. It must be distinguished from a congenital malformation, generally referred to as lymphangioma. Herein we describe a case of acquired lymphangiectasia of the lip in a girl with CD, to our knowledge the first case of this association in pediatric age.

An 11-year-old girl was referred to our Dermatology Department due to persistent cheilitis and gingivitis since she was 4 years old. A therapeutic attempt with gingivoplasty had been performed at the age of 8 without success. No histology was available from the intervention. Later, at the age of 9, she had been diagnosed with Crohn’s disease after intestinal biopsy and was treated with azathioprine and infliximab. However, the cheilitis persisted.

Physical examination showed crusty lesions and flaccid blisters on both lips, as well as erythema with fissures on the gums and jugal mucosa (Fig. 1A and B). A biopsy of the labial mucosa was performed.

Histology showed epidermal hyperplasia without atypia with lichenoid pattern inflammation and lymphangiectasia (Fig. 2A). The presence of numerous podoplanin-positive subepithelial dilated vessels with a lymphatic appearance is noteworthy (Fig. 2B). Further investigations, including patch testing with the European standard and cosmetics series, and a facial MRI were normal. Topical corticosteroid treatment was prescribed with the intention of reducing the associated inflammation, followed by topical rapamycin 0.2% to decrease the lymphatic component, with no clear improvement after two months.

Granulomatous cheilitis presents as orofacial inflammation secondary to non-necrotizing granulomas. It can present isolated or in the context of granulomatous systemic disease. In children, granulomatous cheilitis is more often associated with CD than in adults, being the first manifestation in 5%-10% of cases of inflammatory bowel disease.

Acquired lymphangiectasia in CD is thought to develop as a consequence of chronic granulomatous inflammation. It is described most often in the genital area. In a literature review, we found four cases of acquired orofacial lymphangiectasia associated with CD (Table 1). As in the case presented here, in two of these patients no granulomas were observed on histology, and in another case, they were only observed in the second biopsy. The medical treatment could have reduced the inflammation, leaving only the residual lymphangiectasia.

In conclusion, the presence of granulomatous inflammation, lymphangiectasia can be treated with cryotherapy, sclerotherapy, surgical excision, laser ablation, or photocoagulation. In our case, topical rapamycin was attempted with no results at 2 months. No cases of acquired lymphangiectasia have been successfully treated with topical rapamycin, but 0.1% topical sirolimus has been effective in cutaneous microcyctic lymphatic malformations in children and adults.

In conclusion, the presence of orofacial acquired lymphangiectasia could be an early marker of inflammatory bowel disease even in the absence of granulomatous cheilitis or digestive symptoms. Its diagnosis could help in the early detection of CD.

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* Study conducted at the Department of Dermatology, Son Espases University Hospital, Palma de Mallorca, Spain.

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Table 1  Summary of cases of acquired lymphangiectasia of the lip associated with Crohn’s disease.

<table>
<thead>
<tr>
<th>N (Ref)</th>
<th>Year</th>
<th>Age/Sex</th>
<th>LIP histological findings</th>
<th>Treatment</th>
<th>Of outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;1&lt;/sup&gt;</td>
<td>2017</td>
<td>18/F</td>
<td>Widely dilated superficial lymphatic channels</td>
<td>Azathioprine, mesalazine, infliximab, 0.03% topical tacrolimus and lip cryotherapy</td>
<td>Good cosmetic result</td>
</tr>
<tr>
<td>2&lt;sup&gt;1&lt;/sup&gt;</td>
<td>2017</td>
<td>33/M</td>
<td>Superficial dilated lymphatics and patchy inflammation</td>
<td>Triamcinolone injections, 1% topical hydrocortisone cream, oral mesalazine</td>
<td>No treatment needed</td>
</tr>
<tr>
<td>3&lt;sup&gt;2&lt;/sup&gt;</td>
<td>2020</td>
<td>29/F</td>
<td>1st biopsy: superficial dilated vessels and dense inflammatory infiltrate with a tiny granuloma 2nd biopsy: superficial lymphangiectasia, inflammatory infiltrate and small granuloma</td>
<td>Infliximab</td>
<td>Improvement</td>
</tr>
<tr>
<td>4&lt;sup&gt;4&lt;/sup&gt;</td>
<td>2021</td>
<td>30/F</td>
<td>1st biopsy: proliferation of ectatic lymphatic channels 2nd biopsy: granulomata adjacent to dilated lymphatic channels</td>
<td>Methotrexate and infliximab</td>
<td>Improvement</td>
</tr>
<tr>
<td>5 (present case)</td>
<td>2021</td>
<td>11/F</td>
<td>Lichenoid pattern inflammation and lymphangiectasia</td>
<td>Azathioprine, infliximab, topical corticosteroids and 0.2% topical rapamycin</td>
<td>No clear improvement</td>
</tr>
</tbody>
</table>

Figure 1  Clinical appearance of the girl’s lips (A and B).

Figure 2  (A) Labial mucosa fragment lined by squamous epithelium with marked acanthosis, spongiosis, hyperkeratosis and no keratinocyte atypia, with a dense lymphoplasmacytic infiltrate in the deeper areas without granulomas, with focal lichenoid change (Hematoxylin & eosin, ×100). (B) Positive immunostaining for podoplanin in subepithelial lymphatic vessels (Hematoxylin & eosin, ×100).
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Authors’ contributions

Ana Llull-Ramos: Concepcion; design; acquisition of data; drafting the article; analysis of data; final approval of the version to be published.

Juan García-Ladaria: Acquisition of data; analysis of data; final approval of the version to be published.

Inés Gracia-Darder: Acquisition of data; analysis of data; final approval of the version to be published.

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Conflicts of interest

None declared.

References


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